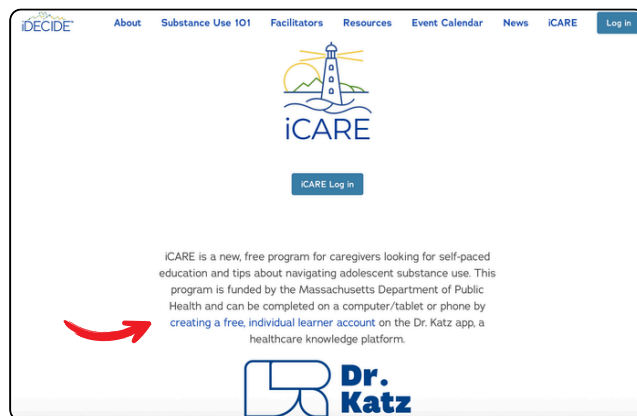
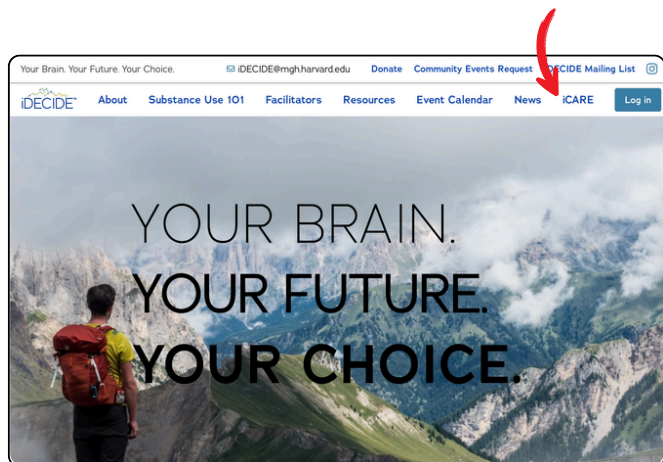


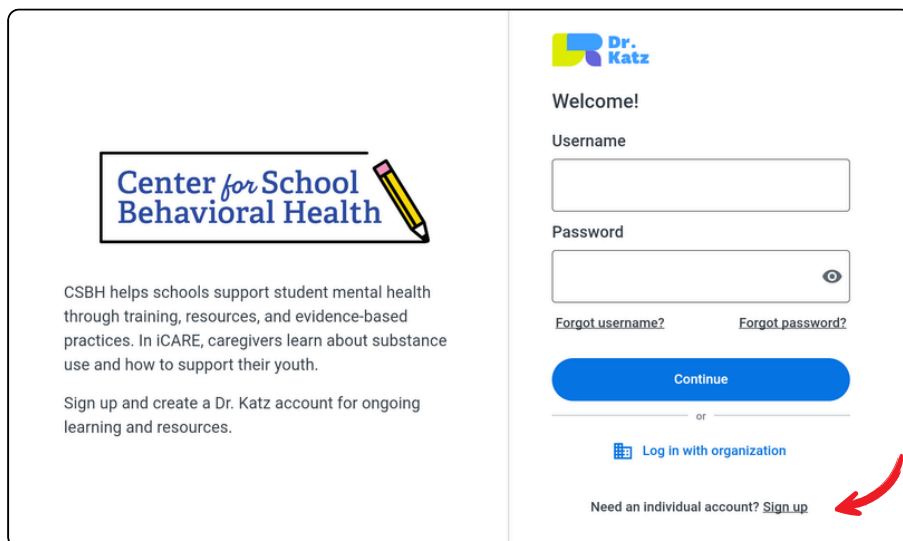
Criar conta

1 Acesse o iCARE (idecidemyfuture.org/icare) e clique no link para criar uma conta de aluno individual e gratuita no aplicativo Dr. Katz.

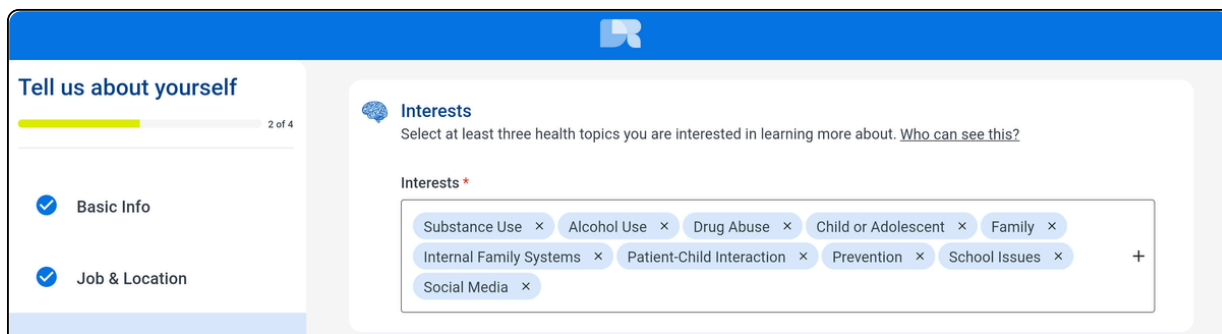


2 **Cadastro** para uma conta individual. Confira seu e-mail para confirmar.

Dica profissional! Adicione esta página aos seus favoritos.
mydrkatz.com/#/login/csbh
mydrkatz.com/#/login/csbh

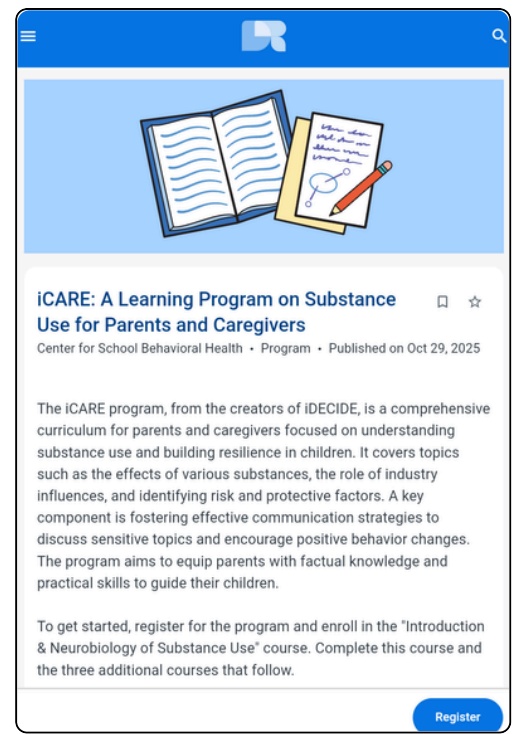
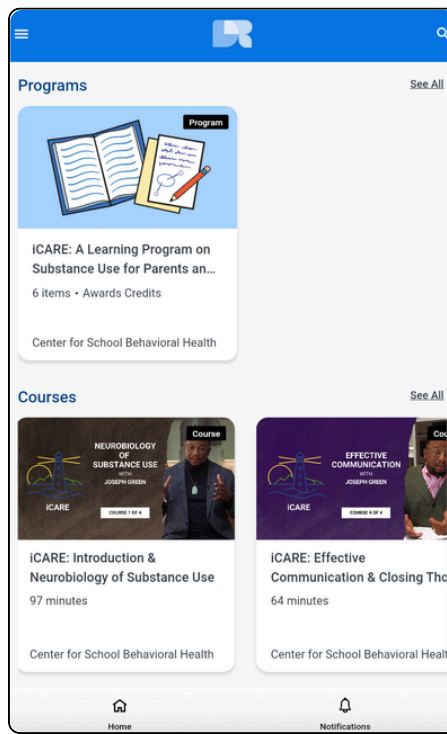
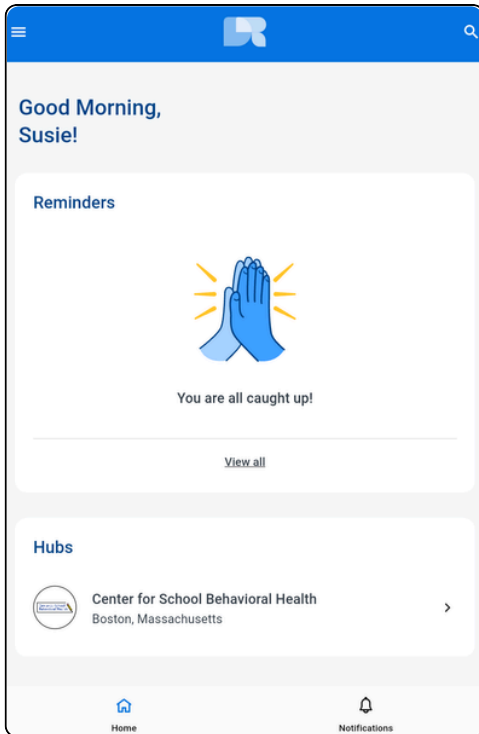


3 Crie seu perfil em apenas um minuto. Selecione os tópicos que lhe interessem, para que você tenha uma experiência mais personalizada com o aplicativo.

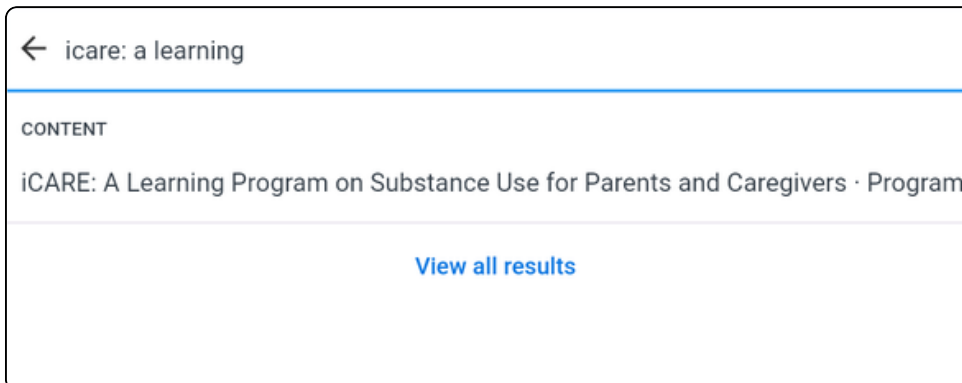


Cadastre-se no iCARE

4 Acesse **iCARE: Um programa de aprendizagem** visitando o hub Center for School Behavioral Health. Faça o registro para participar do programa.



Pesquise “iCARE: Um programa de aprendizagem”



Inscreeva-se nos cursos. Mergulhe!

5 Clique no **Programa iCARE** para fazer o registro.



Matricule-se nos cursos um de cada vez ou em todos de uma só vez!



Congratulations!
You have registered for the program

Enroll now

iCARE Certificate (Inactive)
Free
Caregiver [More](#)

Presenters

Joseph Green
Poet, Motivator, Educator, Narrative Disruptor, and CEO, LMSvoice

Learning Experiences

Course • 0 of 4 completed

Status	Title
<input checked="" type="checkbox"/> <input type="radio"/> Not Enrolled	iCARE: Introduction & Neurobiology of Substance...
<input checked="" type="checkbox"/> <input type="radio"/> Not Enrolled	iCARE: Industry Tactics and Media Literacy
<input checked="" type="checkbox"/> <input type="radio"/> Not Enrolled	iCARE: Risk and Protective Factors
<input checked="" type="checkbox"/> <input type="radio"/> Not Enrolled	iCARE: Effective Communication & Closing T...

Enroll

6 Complete o questionário **Conhecendo você** do primeiro curso “Introdução e Neurobiologia do Uso de Substâncias”.

7 of 7

- Demographics
- Learning Goals

About
The feedback from this survey will be utilized by the Center for School Behavioral Health to identify effective strategies for enhancing services and support for its audience and learners.

6. Which topic are you most interested in learning about? *

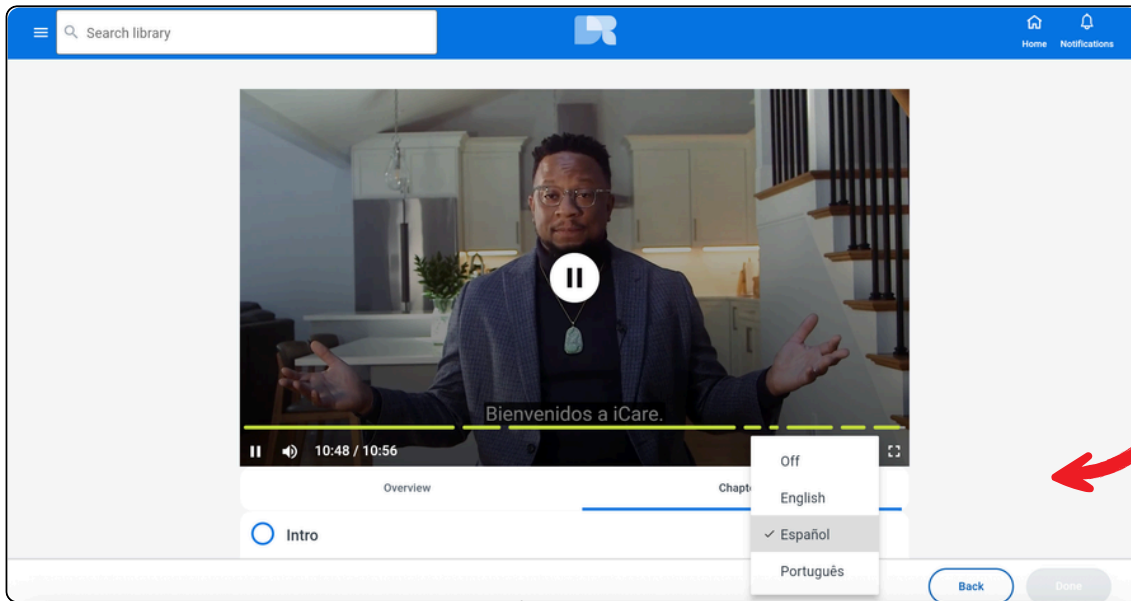
- Effects of drugs on teen brain
- How to talk to my kids about alcohol and other drugs
- Health, media, and scientific literacy
- Risk and protective factors

7. What are your learning goals for this experience?

I want to learn the facts about the risks of substance use in adolescence, and how to have open communication with my kids about those risks.

Aprovecha o máximo do seu aprendizado

7 Ao final de cada videoaula, pressione Concluído para continuar.



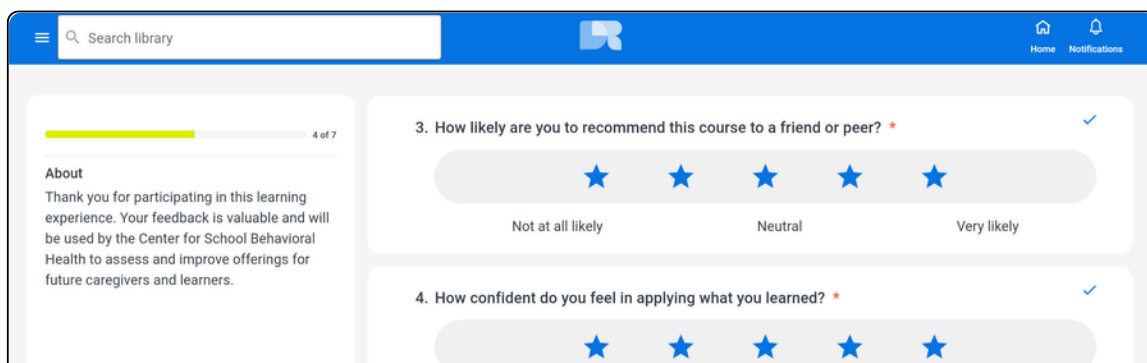
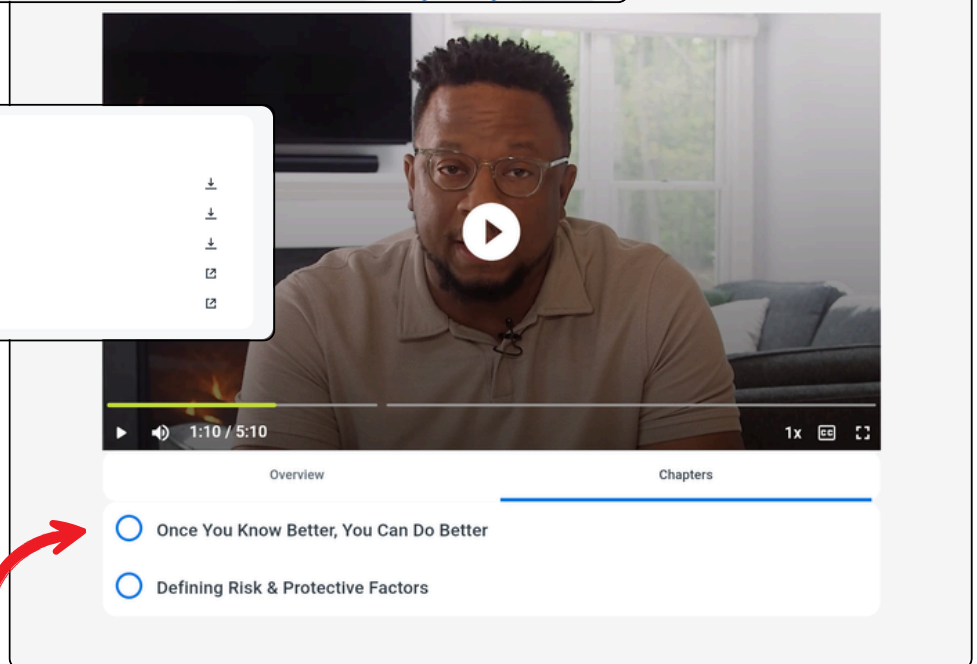
CC
Ativar **legendas ocultas**

Additional Resources

- English
- Español
- Português
- Risk and Protective Factors Overview
- Teens and Suicide: What Parents Should Know

Obtenha os **recursos para download** de cada lição

Ir para **capítulos** relevantes do vídeo



No final do programa, deixe sua **opinião!**

Baixar o aplicativo

- 8** Procurar Dr. Katz na App Store ou na Google Play Store. Faça o download e use seu nome de usuário e senha para acessar a conta.

